

### How Do I Start Receiving Home Health Care?

As a patient, it is your right to choose your home health provider. Let your hospital discharge planner or your physician know you want Medical Centers Home Health to provide care for you or your loved one. The following people can help you make the necessary arrangements and provide you with further information:

Your physician's office, a hospital discharge planner or a medical social worker. For more information call us at the numbers shown below.



5850 US Hwy 431, Suite 34, Albertville, AL 35950 **256.878.5811** 

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## Home is the natural place to heal when you have the right resource.

Medical Centers Home Health Care is an extension of the doctor's care and hospital services. Care may include an array of therapeutic and support services to give the patient maximum independence at home.

More than a convenience, home health care is good medicine. It can be an alternative to long hospital stays or nursing home placement. Studies have shown that patients who receive care in their home recover more quickly and live a longer life.

#### What Services Are Available?

Medical Centers Home Health offers a variety of services including:

- Nursing Services including IV/infusion therapy/enteral feeding, IVIG, wound and ostomy care, diabetic education and management, disease education and management, pain management.
- Patient and family education related to current medical conditions and chronic illnesses.
- Personal care and hygiene provided by experienced, qualified Home Health aides.
- 24-hour on-call nursing services seven days a week.



#### Who Will Provide My Care?

Medical Centers Home Health is staffed by trained professionals including:

- Registered Nurses (RNs)
- Licensed Practical Nurses (LPNs)
- Home Health Aides (HHAs)
- Speech Therapists
- Physical Therapists
- Occupational Therapists
- Medical Social Workers (Long-term planning, medication assistance, financial planning, patient and family counseling)

All of our staff is made up of experienced caregivers with extensive hospital, nursing home or other professional backgrounds. Continuing education programs keep our staff up-to-date on the latest medical skills and techniques.

# Will Medicare/Medicaid or My Insurance Pay for Home Health Services?

Each insurance company has its own guidelines for home health care. We have qualified, experienced insurance specialists to assist you in determining your coverage.

To qualify for home health care under Medicare or Medicaid, a person must be homebound, under the care of a physician, and in need of skilled services on a reasonable and necessary basis.

A patient does not have to be bedridden or totally confined to qualify for Medicare or Medicaid coverage. The patient is considered "homebound" if he or she is unable to leave home without considerable and taxing effort.

Medicaid may also provide limited non-medical, personal care benefits for homebound patients.

People living with family members, in group homes or in assisted-living facilities may also be eligible for home health care.



